	Risk Assessment												
Risk Assessment for the activity of	University of Southampton Ultimate Frisbee ClubDate08/03/25Skunks Interclub and alumni tournament												
Unit/Faculty/Directorate	SUSU AU Lucy Peever's (Women's Capt												
President/Captain Name/2 nd Committee Member	Sam O'Connell (Club CaptainSigned off (SUSU Staff)												
Club or Team Information	The University of Southampton Ultimate F tournament. As well as having teams made been invited back, so the day can act as a The University of Southampton Ultimate F of the event. The alumni will take response behaviour at the event. A whatsapp group with alumni who are plat they can be informed prior to the event of	le of the current club m i club day, providing cor risbee Club takes respo ibility for the transport anning on coming has a	embers, ntinuity w onsibility f and their Iready be	alumni have also vithin the club. for the running own general									

PART A												
(1) Risk identi	ification		(2)	Ris	k a	ssessment	(3) Risk management					
Hazard Potential Consequence		Who might be harmed	Int	iere	nt			sidı	ual	Further controls (use the risk hierarchy)		
	S	(user; those nearby; those in the vicinity; members of the public)	Likelihood	l m a c t	S C P E	Control measures (use the risk hierarchy)	L ikel ihood	l p a c t				
Activity									<u> </u>			
Equipment	Cut/abrasion/ bruising from sharp edges. Is the equipment safe to be used?	All participants and bystanders.	2	2	4	Check all equipment prior to use. Is it safe to use? Does it have any sharp edges? Is it damaged in any way? Repair or remove damaged equipment. Those leading the session have the appropriate training to demonstrate and use the equipment correctly.	1	1	2	Seek medical attention if problem arises There will be a qualified first aider in attendance at the session. Ensure organisers know the location of a first aid kit. Report any incidents as soon as possible following the SUSU incident report policy.		
						Those leading the session to remain vigilant to ensure participants are using the equipment as demonstrated.						

Being hit by a frisbee	Concussion if hit on the head. Otherwise, potential bruising.	All participants and organisers/staff and spectators as well as members of the public who may be walking past	1	4	4	Organisers will pick a suitable location for tournament, away from people at risk of being hit. Participants spectating from sidelines should remain a suitable distance away from the players and activity. There should be at least 4m between adjacent pitches.	1	4	4	If the person who has been hit by the Frisbee is showing signs of concussion or is confused, seek medical attention immediately. Call 999 in an emergency. Report any incidents as soon as possible following the SUSU incident report policy.
Jewellery and objects in pockets	Entrapment/ things getting stuck, collisions with others that could cause cuts or bruises.	All participants	2	2	4	Participants asked to remove jewellery and objects from pockets prior to joining in. Those leading the session must ensure this has been done.	1	2	2	If any injury occurs, seek medical attention. If severe, call 999 in an emergency. Report any incidents as soon as possible following the SUSU incident report policy.
Participant's over-exerting themselves	Muscle injury – strains and pulls.	All participants	2	2	4	Captains should ensure that a proper and thorough warm up is carried out prior to games, focusing on the areas that are likely to be used the most: legs, arms and neck.	1	3	3	If any injury occurs, seek medical attention. If severe, call 999 in an emergency (although unlikely for muscular) Report any incidents as soon as possible following the SUSU incident report policy.

Fire	Smoke inhalation, burns and more severe. Risk of extreme harm.	All participants and organisers/staff and spectators	1	5	5	Those leading the session must ensure they are aware of and fully understand the venue or locations fire procedures. Those leading must make sure that all exit routes are clearly highlighted and report any issues immediately to the venue. Highlight to all the participants the nearest emergency exit routes and fire assembly points at the start of the session, and the importance of leaving calmly in case of an emergency.	1	4	4	In case of an emergency, please pull nearest fire alarm and ensure all participants leave the venue calmly and safely. Once in a safe position to do so, call the emergency services on 999. Report any incidents as soon as possible following the SUSU incident report policy.
Slips, trips and falls	Soft tissue injury e.g., sprain, bruising. Potential broken ankle or other breaks i.e. wrists etc. Links directly to weather and ground surfaces (see below).	All participants and organisers/staff and spectators	2	3	6	Check ground conditions for holes, lumps, and other obstacles such as litter before the session.	1	3	3	If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Report any incidents as soon as possible following the SUSU incident report policy.

Participant Attire	Injury can occur if people are not wearing attire appropriate to the sport or activity.	All participants and organisers/staff and spectators	2	3	6	Ensure all participants are wearing suitable clothing (nothing in pockets) and appropriate footwear, ideally football boots with studs.	1	3	3	If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Report any incidents as soon as possible following the SUSU incident report policy.
Weather	Heat or sun – risk of sunburn, heat exhaustion and dehydration. Cold or wet – risk of hypothermia. Weather directly influences ground surfaces (see below) and the risk of slips, trips and falls (see above)	All participants and organisers/staff and spectators	1	3	3	Ensure regular drinks breaks are taken, and that each participant and staff member is advised to bring their own drinks bottle. If it is hot or sunny, ensure participants have taken steps to reduce their chance of harm – i.e., use of sun cream, hats and having available shaded area. If it is cold or wet, ensure participants have suitable attire to enable them to keep warm – i.e., woolly hat, waterproof coat and trousers.	1	3	3	If anyone is affected by the heat or cold, seek immediate medical attention. If severe, call 999 in an emergency. Report any incidents as soon as possible following the SUSU incident report policy.

Ground surfaces	Hard, uneven or slippery surfaces, usually linked to weather, that can cause slips trips and falls (see section above)	All participants and organisers/staff and spectators	2	3	6	Check areas for hazards prior to session starting. Move pitches to avoid uneven areas. Ensure participants are wearing suitable clothing (nothing in pockets) and appropriate footwear (football boots).	1	3	3	If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Report any incidents as soon as possible following the SUSU incident report policy.
COVID Guidelines	All those in attendance must adhere to the latest COVID guidelines as set out by the UK Government as well as the University.	All participants and organisers/staff and spectators	3	2	6	Always adhere to the latest COVID guidance. Where applicable, ensure areas where people meet is well ventilated i.e. opening windows. Encourage those with symptoms to test and avoid sessions if positive.	2	2	4	Encourage participants or staff who test positive to inform group leaders so they can pass this information on if applicable.
Southampton Sport Fac	cilities	•								

Facility defects, including, Lighting, Heating, Fire, Bomb Threat (unidentified package), fire exit blocked Wet floors, uneven surfaces or defects. Extreme heat, fire exits blocked Uneven surfaces or defects	Causing slips, trips or falls. Minor bruising, sprain, fracture, dislocation, concussion, dehydration, entrapment. Person or persons falling over or into objects and/or each other, due to fire exit blocked.	All participants and organisers/staff and spectators	2	3	6	Everyone to ensure they do visual checks of the facility / pitch/ court before the session starts and report anything to the Southampton Sport Staff. If playing surface is deemed unsafe then the session is not to go ahead. If the area can be sectioned off then play can continue avoiding this area, this will be determined by the club. <i>Excessive Heat</i> Ensure participants take on enough water in extreme heat. Report heat to Southampton Sport Staff. <i>Fire exit blocked</i> Everyone to ensure they do not put anything in front of fire exits. Everyone to ensure they remove anything put in front of fire exits.	2	2	4	QR codes to report any defects to the Southampton Sport Staff. Injuries to be reported to the Southampton Sport Staff and via the SUSU reporting system.
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						Clear walkways are maintained in all areas accessing the fire exits.					
Violent or aggressive behaviour or actions towards organisers, participants or spectators.	Inflicting physical injury, vandalising property, financial loss or reputation	All participants and organisers/staf and spectators	1	3	3	Abiding by facility rules, everyone should treat people with respect. On pitch: emphasise the spirit of the game by shaking hands after matches and having spirit talks and spirit captains. Call spirit time out if necessary. In serious circumstances seek assistance.	1	2	2	Make Southampton Sport Staff aware, call security. Injuries to be reported to the Southampton Sport Staff ad via the SUSU reporting system. Contact Report and Support <u>Report +</u> <u>Support - University of Southampton</u>	
Responsible manager's signature:						Responsible manager's signature:					
Print name: Lucy Peevers Date: 23/01/25				Print name: Sam O'Connell	Date: 23/01/25						