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| **Risk Assessment** |
| **Risk Assessment for the activity of** | **Ladies Lacrosse Trip (Weekend Away)**30/01/2025 – 02/02/2025**Lisbon Lounge Hostel,** [**Rua São Nicolau 41, 1100-547 Lisbon**](https://www.google.com/maps/place/Lisbon%2BLounge%2BHostel/%4038.710377%2C-9.136922%2C14z/data%3D%214m9%213m8%211s0xd193479af480f31%3A0xa50c8be52d09fd8c%215m2%214m1%211i2%218m2%213d38.710377%214d-9.136922%2116s/g/1tmg7tj1?hl=en-US) | **Date** | 15/01/2025 |
| **Group name** | **SUSU Ladies Lacrosse Club** | **Assessor** | **Arianna Hannigan (Vice President)** |
| **Supervisor** | **Harriett Dewdney (President** | **Signed off** | N/A, please upload to groupshub for digital sign-off by SUSU Activities team |

**PLEASE USE THIS SECTION TO UPDATE/AMMEND/ADD ANY INFORMATION REQUIRED. IF YOU HAVE ANY FURTHER QUESTIONS REGARDING YOUR RISK ASSESSMENT PLEASE CONTACT XXXXXXXXXXXXXX FOR FURTHER INFORMATION.**

**PLEASE NOTE AS A COMMITTEE IT IS ESSENTIAL THAT YOU HAVE A RISK ASSESMENT IN PLACE PRIOR TO ANY ACTIVITY OR TRIP**

**PLEASE ADD THE FOLLOWING INFORMATION:**

* **Where are you going? Lisbon, Portugal**
* **Where are you staying? Lisbon Lounge Hostel,** [**Rua São Nicolau 41, 1100-547 Lisbon**](https://www.google.com/maps/place/Lisbon%2BLounge%2BHostel/%4038.710377%2C-9.136922%2C14z/data%3D%214m9%213m8%211s0xd193479af480f31%3A0xa50c8be52d09fd8c%215m2%214m1%211i2%218m2%213d38.710377%214d-9.136922%2116s/g/1tmg7tj1?hl=en-US)
* **How many people are going on the trip? 29 (including the Group Lead, Arianna Hannigan (Vice President)**

| ***PART A***  |
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| **(1) Risk identification** | **(2) Risk assessment** | **(3) Risk management** |
| **Hazard** | **Potential Consequences** | **Who might be harmed****(user; those nearby; those in the vicinity; members of the public)** | **Inherent** |  | **Residual** | **Further controls (use the risk hierarchy)** |
| **Likelihood** | **Impact** | **Score** | **Control measures (use the risk hierarchy)** | **Likelihood** | **Impact** | **Score** |
| Slips, Trips, Falls  | Accident and/or Injury | * Students
* Members of the public
 | **1** | **3** | **3** | * Group sizes reduced to ensure no large groups are formed.
* Students will be encouraged to take care when crossing busy streets and when negotiating paths. Students will also be encouraged to wear appropriate footwear when travelling by foot.
 | **1** | **3** | **3** | * Should injury occur, Committee to contact appropriate emergency services
* Organisers to bring a first aid kit for minor injuries
* Committee to report to SUSU Duty Manager as soon as possible
 |
| Individuals getting lost while on the trip.  | Missing the flight there or back.  | User.  | **2** | **3** | **6** | * Everyone has been informed to stay in groups of three or more.
* Advice on mobile data plans has been given, as well as meeting points and general travel itinerary.
* Groups will be staying on guided tours or tours of popular attractions which are well policed.
* Only licensed taxi companies such as Uber shall be used, as well as reliable public transport links
 | **1** | **2** | **2** | * The phone numbers of the committee members in attendance have been given to everyone on the trip. Social media contact is also available via the Facebook group and chat.
* The committee will keep everyone together and periodically conduct group counts at important sections of the trip (i.e. coach travel, airport, hostel check-in and check-out).
 |
| Transport: Cancellation/Diversions | Students not reaching intended destination | * Students
 | **3** | **1** | **4** | * Committee to review Flight times and any potential cancellations/diversions prior to the trip
 | **3** | **1** | **4** | * During the trip, the committee to regularly review flight times during the trip to check for any possible cancellations and diversions.
* Ensure each participant has booked appropriate insurance for the duration of the trip and has access to insurance details
 |
| Travelling around location | Large groups forming | * Students
* Members of the public
 | **3** | **2** | **6** | * split students into smaller groups to avoid large groups forming
 | **3** | **1** | **4** | * Organisers to familiarise self with location and destinations in advance. Interary provided were possible. E.g. use websites like trip advisor, google maps
 |
| Traffic- accident or collision | Death or major injury | * Students
* Members of the Public
 | **1** | **5** | **5** | * Where possible students should avoid driving own vehicles in county. Travel by public transport, hire of coach/bus with reputable company
* Buses without seatbelts are avoided if possible and never used on high speed roads
* Student drivers- The driver will need to become familiar with local driving regulations. It is important to verify that the driver is actually licensed to drive a vehicle in the country to be visited, e.g. does the country to be visited recognize a British driving license or is an International driving license needed
* Verbal warning of risk
* Encourage students to use pedestrian crossings wherever possible
* Encourage students to travel in appropriate group sizes to ensure no large groups are formed
* Work on foot planned to avoid fast roads wherever possible.
 | **1** | **3** | **3** | * Contact local emergency services and laws on driving in country
* Gather all evidence and complete the incident form - If the Duty Manager is not present the incident report must be filled out immediately, it can be found on the SUSU website here.- https://www.susu.org/contact.html
* Ensure all participants have insurance and access to details
 |
| Adverse Weather | Sunstroke, heatstroke, cold, minor illnesses as a result of weather | * Students
 | **2** | **3** | **6** | * Advise students and helpers to take appropriate clothing i.e. waterproofs, hat, sun cream
 | **1** | **3** | **3** | * Should weather be deemed ‘adverse’ this tour will be cancelled
 |
| Risk of Violent Crime, harassment and/or abuse | Accident and or injury | * Students
* Members of the public
 | **2** | **5** | **10** | * Students will be encouraged to stay in groups at all time.
* Trip organisers to familiarise self with countries emergency phone numbers
* Advise participants to research local laws and customs before entering a new country (FCO website as primary resource), so they don’t cause offence for cultural differences.
* Stay away from large gatherings or demonstrations
* Organisers to have a record of & to share details of the consular office for the nationality of each participant
* Advise participants to use common sense when getting into vehicles, or accepting invitations and to get out of the vehicle if they feel at risk
* Participants all advised to give up their valuables in the event of a confrontation to prioritise own safety
 | **1** | **5** | **5** | * Should a student witness or be a victim to such crime they are able to contact the appropriate emergency service and report to the committee. In turn this to be reported to the duty manager
* Report incidents to local emergency services
* Gather all evidence and complete the incident form - If the Duty Manager is not present the incident report must be filled out immediately, it can be found on the SUSU website here.- <https://www.susu.org/contact.html>
 |
| Loss of valuables | Lost items | * Students
 | **2** | **2** | **4** | * All attendees will be warned prior to the trip to keep valuables secure and hidden
* Advise participants to have access to personal emergency money, for food/water/travel in the event of robbery, e.g. via telephone
* Stay away from large gatherings or demonstrations
* Advise participants to bring a photocopy of their passport.
 | **1** | **2** | **2** | * Organisers to have a record of & to share details of the consular office for the nationality of each participant
* If passport lost, make an official report and contact the nearest embassy or consulate
* Ensure each participant has booked appropriate insurance for the duration of the trip and has access to insurance details
 |
| Students becoming lost | Distressed students | * Students
 | **2** | **2** | **4** | * Should student become lost, students will be encouraged to message the committee through designed chat. Whatsapp, Facebook etc
* Encourage all participants to swap numbers before trip
 | **2** | **1** | **2** | * Students will be encouraged to stay in groups at all time.
* Organisers to share trip itinerary were applicable
 |
| Inappropriate behaviour – from others or students  | Distressed students, members of the public | * Students
* Members of the public
 | **2** | **3** | **6** | * Should inappropriate behaviour occur, students can contact both SUSU and/or appropriate emergency services
* Participants to research local laws and customs before entering a new country (FCO website as primary resource), so they don’t cause offence for cultural differences
* Alcohol: members to follow SUSU expect respect guidance, binge drinking to be discouraged, participants encouraged to buddy up and be sensible/use common sense when drinking e.g. do not leave drinks unattended, do not drink to excess, use licenced premises
 | **1** | **3** | **3** | * Ensure participants are aware that they are responsible for own behaviour (e.g. if arrested), share SUSU expect respect policy in advance of trip
* Report all incidents following SUSU incident reporting guidelines
* Contact emergency services in country
* Ensure participants have appropriate insurance and access to mobile phone
 |
| Incident- Experience of terrorism | Distress, serious injury, fatality | StudentsPublicWider student community etc | **2** | **5** | **10** | * Organisers to encourage participants to research the political situation of the country they are entering, using the FCO website, will not book trips to FCO most dangerous countries
* Will research specific regions within the country, considering FCO advice and the make-up of student group (e.g. nationalise, religious restrictions etc)
* Each participant to have at hand details of local consular office and list of local emergency phone numbers
* Participants to have a copy of passport and insurance documents
* In case of an incident follow [**Run, Hide, Tell guidance.**](https://www.met.police.uk/SysSiteAssets/media/downloads/central/advice/terrorism/run-hide-tell-information-leaflet.pdf) follow the advice of in-country energy service
* Stay away from large gatherings or demonstrations
* Mobile phone access- ensure chargers are taken and research has been done onto local adapters, network access
 | **1** | **5** | **5** | * Ensure each participant has booked appropriate insurance for the duration of the trip and has access to insurance details
* Contact in country emergency services and consular office
 |
| Incidents restricting travel and health- Natural Disasters, pandemics, political incidents  | Distress, serious injury, fatality, inability to return home | StudentsPublicWider student community etc | **2** | **5** | **10** | * Stay away from large gatherings or demonstrations
* Mobile phone access- ensure chargers are taken and research has been done onto local adapters, network access
* Organisers to encourage participants to research the political situation of the country they are entering, using the FCO website, will not book trips to FCO most dangerous countries
* Will research specific regions within the country, considering FCO advice and the make-up of student group (e.g. nationalise, religious restrictions etc)
* Each participant to have at hand details of local consular office and list of local emergency phone numbers
* Participants to have a copy of passport and insurance documents
* Regular checks with travel company prior to departure
 | **1** | **5** | **5** | * Ensure each participant has booked appropriate insurance for the duration of the trip and has access to insurance details
* Contact in country emergency services and consular office
 |
| Medical Emergency  | Participants may sustain injury due to; pre-existing medical conditions, an incident whilst travelling, or as a result of a poor response to a previous medical situation. | Student participants  | **3** | **5** | **15** | * advise participants; to bring their personal medication, what numbers to ring in an emergency, and that the priority is to first seek medical attention in country (not to call home first!)
* Advice participants to bring enough medication for trip duration and include ingredients list, packaging (to support in country medical team if required)
* Next of kin and medical details have been collected in case they are needed for medical reasons- stored securely following GDPR Guideline**s**
* Organisers to familiarise self and brief participants on local medical facilities
 | **2** | **5** | **10** | * Ensure each participant has booked appropriate insurance for the duration of the trip and has access to insurance details
* Contact in country emergency services and consular office
* Encourage participants to Check legal restrictions on import /export controls on medications
 |
| Drowning- tours/trips by the sea, lakes etc, activities involving water  | Serious injury/fatality  | Student participants  | **2** | **5** | **10** | * Participants to obey local laws and follow local advice on tides etc
* Ideally swimming should be avoided when no lifeguard provision is available
* Follow FCO guidance on country safety. on tidal patterns
* Advice common sense- Participants undertake activities at own risk- encouraged to think about own ability e.g. swimming competency and training (water sports)
* Life jackets/PPI to be worn as instructed
* Swimming at night to be avoided
 | **1** | **5** | **5** | * Ensure each participant has booked appropriate insurance for the duration of the trip and has access to insurance details
* Contact in country emergency services and consular office
* Ongoing dynamic risk assessment taking into account location and weather
 |
| Road traffic accident/ Walking between places while intoxicated  | Vehicles collision -causing serious injury  | Event organisers, event attendees, Members of the public  | **4** | **3** | **12** | * People also briefed about the journeys before the event starts. For example, the list of venues will be printed on the score card or shared via social media. Event organisers to make it clear that travel to and from each venue is attendees’ **own responsibility**.
* local venues known to UoS students chosen
* Event organisers will be available to direct people between venues.
* Attendees will be encouraged to identify a ‘buddy’, this will make it easier for people to stay together. They will be encouraged (but not expected) to look out for one another and check in throughout the night where possible.
* Avoid large groups of people totally blocking the pavement or spilling in to the road.
* Anybody in the group who is very drunk or appears unwell and therefore not safe should be encouraged to go home ideally with someone else. If required a taxi will be called for them.
* Be considerate of other pedestrians & road users, keep disturbance & noise down.
* Avoid behaviour likely to provoke a disturbance or fights.
 | **2** | **2** | **4** | * Venues chosen local and within a short distance from each other.
* All incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed.
* Follow [SUSU incident report policy](https://www.susu.org/groups/admin/howto/protectionaccident)
* Pub crawl, company to lead the tour, and escorts provided for safety.
 |
| Spiked drinks/ Alcohol poisoning  | Participants may consume too much alcohol during this event or be spiked. This could result in a loss of consciousness or self- control | Event organisers, event attendees, | **2** | **5** | **10** | * Supervision, the event will be run by the society committee and designated pub crawl company. These attend each venue. Ideally, they will not drink to excess during the event
* Bouncers/trained staff in Pubs should watch for excessive drinking and watch people who are believed to have consumed a lot of alcohol. Report any suspicious behaviour to staff.
* Participants encouraged to stay with a nominated ‘buddy’ where possible.
* The organizers have confirmed the premise is licensed. **Action organizers (b).**
* The consumption of alcohol will take place at licensed premises. The conditions on the license will be adhered to and alcohol will not be served to customers who have drunk to excess. Action licensee.
* **Games involving binge drinking or the consumption of excessive amounts of alcohol are not to be undertaken.- Society to follow Code of conduct/**[**Expect Respect policy**](https://www.susu.org/downloads/SUSU-Expect-Respect-Policy.pdf)
 | **2** | **3** | **6** | * Members are responsible for their individual safety though and are expected to act sensibly when walking around. For anyone who is too inebriated it will be suggested to them that they should return home rather than continue on the evening. Taxis will be called if required.
* If they need to go to the hospital they will also be accompanied there.
* Participants advised to avoid leaving drinks unattended and if you think anything has been added to a drink; report it; try and retain the drink for testing.
* All incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed.
* Follow [SUSU incident report policy](https://www.susu.org/groups/admin/howto/protectionaccident)
 |
| Participants getting lost or leaving without any one being aware  | During the event participants may decide they want to leave, or they may get lost on the way  | Event organisers, event attendees,  | **3** | **3** | **9** | * If a person leaves without warning all efforts will be done to locate them. Stress however that attendees are responsible for their individual safety.
* Supervision, the event will be run by the society committee These attend each venue. Ideally, they will not drink to excess during the event
* Venues chosen local and within a short distance from each other.
 | **2** | **2** | **4** | * Follow [SUSU incident report policy](https://www.susu.org/groups/admin/howto/protectionaccident)
* Call emergency services as required
 |
| Violent or offensive behaviour  | Participants may become violent or offensive due to the consumption of too much alcohol. Members of the public may act violently towards participants.  | Event organisers, event attendees,  | **2** | **5** | **10** | * Bouncers will be present at most venues.
* Bar Security staff will need to be alerted and emergency services called as required.
* The consumption of alcohol will take place at licensed premises. The conditions on the license will be adhered to and alcohol will not be served to customers who have drunk to excess
* Society to follow and share with members Code of conduct/SUSU [Expect Respect policy](https://www.susu.org/downloads/SUSU-Expect-Respect-Policy.pdf)
 | **1** | **3** | **5** | * If the situation becomes very serious and results in the participant being arrested then it will be made clear that they cannot be accompanied to the police station.
* Follow [SUSU incident report policy](https://www.susu.org/groups/admin/howto/protectionaccident)
* Call emergency services as required
 |
| Allergies  | Allergic reactions to food and drink when out | Event organisers, event attendees,  | **3** | **5** | **15** | * Attendees responsible for own welfare I such instances- follow guidelines of venues
* First aid requested from bar staff as required
* Attendees have sent a list of food allergies in advance so the hostel for the group meal is aware and can accommodate to individuals
 | **1** | **5** | **5** | * Call Emergency Services/alert bar staff
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| ***PART B – Action Plan*** |
| **Risk Assessment Action Plan** |
| **Part no.** | **Action to be taken, incl. Cost** | **By whom** | **Target date** | **Review date** | **Outcome at review date** |
| 1 | Before booking trip organisers to investigate country information and region safety via government FCO Website- <https://www.gov.uk/foreign-travel-advice> | Arianna Hannigan | 15/11/2024 | 05/01/2025 | * Region is deemed to have a high level of safety.
* Large city, includes a vast proportion of emergency services if applicable, hence increasing safety to students.
 |
| 2 | Organisers to ensure appropriate travel insurance has been secured by/for each participant  | Arianna Hannigan | 27/12/2024 | 14/01/2025 | * All students have obtained appropriate travel insurance and have appropriately reviewed the terms to be compliant with the trips activities.
* Boarding passes to those traveling with the group were not issued until proof of travel insurance was given
 |
| 3 | Participant briefing on health & safety before trip e.g. meeting, online, emails (including consular and emergency services information) | Arianna Hannigan | 09/01/2025 | 14/01/2025 | * All attending briefed on SUSUs expectations and guidance documents in travelling abroad and provided with links to further review. Insurance was followed up additionally. (Meeting online on Zoom)
 |
| 4 | Trip itinerary and details of hotels/flights shared with all participants | Arianna Hannigan | 11/01/2025 | 14/01/2025 | * Extensive trip document shared, including: flight information, hostel key details, facilities and rules; key city cultural notes; health and safety; emergency contacts etc.
* Boarding passes distributed as appropriate
 |
| 5 | Participants emergency contact details gathered by organisers- stored securely in accordance with GDPR guidelines | Arianna Hannigan | 18/10/2024 | 24/10/2025 | * All Emergency contact details stored as per GDPR guidelines, yet accessible to organiser (Katherine Gardner, and President (Harriett Dewdney) offline for emergency use as consented by the participants.
 |
| 6 | Organisers to check and pack a first aid kit | Arianna Hannigan | 05/01/2025 | 11/01/2025 | * Extensive first aid kit purchased, for the limited use of the trip, and allowed for in packing allowances/ baggage.
 |
| 7 | Organisers Severe Weather and Natural Disaster Check prior to departure  | Arianna Hannigan | 13/01/2025 | 14/01/2025 | * Weather forecast reviewed, and constantly monitored for extreme circumstances.
 |
| 8 | Transport- where student drivers and hire vehicles to be used ensure company vehicle safety checks area carried out, and research laws on licencing Book appropriate travel insurance/cover | Arianna Hannigan | 01/12/2024 | 06/12/2024 | * Student drivers only applicable for airport transfers to and from Southampton to Luton airport.
* All drivers, have appropriate insurance and road safe vehicles.
* All safety checks to be conducted on the 31/01/2024 prior to travel and additionally before return trips
* Minibus for airport transfer to and from Luton Airport booked under a recognised company with driver details provided 2 days prior to transfer
 |
| 9 | Evening activities locations planned and shared in advance with attendees | Arianna Hannigan | 08/01/2024 | 09/01/2024 | * Details shared in the information package, given to all attendees
* Individual brief from Pub Crawl company in Lisbon will also provide a further brief prior to the event on locations and safety in addition to one provided by organiser (Arianna Hannigan)
 |
| 10 | All major incidents will be logged with SUSU the next day | Arianna Hannigan | 13/01/2025 | 14/01/2025 | * All details will be logged from trip incidents to SUSU within 24 hours of the event to ensure support can be put in place where applicable.
 |
| Responsible committee member signature: Arianna Hannigan (Vice President) | Responsible committee member signatureSUSIE MARSHALL (Social Sec)ISOBEL SHREEVES (Social Sec)HATTIE DEWDNEY (President) |
| Print name: ARIANNA HANNIGAN | Date: 14/01/2025 | Print name: Susannah MarshallIsobel ShreevesHarriett Dewdney | Date: 17/01/2025 |

**Assessment Guidance**

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| 1. Eliminate
 | Remove the hazard wherever possible which negates the need for further controls | If this is not possible then explain why |  |
| 1. Substitute
 | Replace the hazard with one less hazardous | If not possible then explain why |
| 1. Physical controls
 | Examples: enclosure, fume cupboard, glove box | Likely to still require admin controls as well |
| 1. Admin controls
 | Examples: training, supervision, signage |  |
| 1. Personal protection
 | Examples: respirators, safety specs, gloves | Last resort as it only protects the individual |

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| **LIKELIHOOD** | 5 | 5 | 10 | 15 | 20 | 25 |
| 4 | 4 | 8 | 12 | 16 | 20 |
| 3 | 3 | 6 | 9 | 12 | 15 |
| 2 | 2 | 4 | 6 | 8 | 10 |
| 1 | 1 | 2 | 3 | 4 | 5 |
|  | 1 | 2 | 3 | 4 | 5 |
| **IMPACT** |

Risk process

1. Identify the impact and likelihood using the tables above.
2. Identify the risk rating by multiplying the Impact by the likelihood using the coloured matrix.
3. If the risk is amber or red – identify control measures to reduce the risk to as low as is reasonably practicable.
4. If the residual risk is green, additional controls are not necessary.
5. If the residual risk is amber the activity can continue but you must identify and implement further controls to reduce the risk to as low as reasonably practicable.
6. If the residual risk is red do not continue with the activity until additional controls have been implemented and the risk is reduced.
7. Control measures should follow the risk hierarchy, where appropriate as per the pyramid above.
8. The cost of implementing control measures can be taken into account but should be proportional to the risk i.e. a control to reduce low risk may not need to be carried out if the cost is high but a control to manage high risk means that even at high cost the control would be necessary.

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| Likelihood |
| 1 | Rare e.g. 1 in 100,000 chance or higher |
| 2 | Unlikely e.g. 1 in 10,000 chance or higher |
| 3 | Possible e.g. 1 in 1,000 chance or higher |
| 4 | Likely e.g. 1 in 100 chance or higher |
| 5 | Very Likely e.g. 1 in 10 chance or higher |

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| Impact | Health & Safety |
| 1 | Trivial - insignificant | Very minor injuries e.g. slight bruising |
| 2 | Minor | Injuries or illness e.g. small cut or abrasion which require basic first aid treatment even in self-administered.  |
| 3 | Moderate | Injuries or illness e.g. strain or sprain requiring first aid or medical support.  |
| 4 | Major  | Injuries or illness e.g. broken bone requiring medical support >24 hours and time off work >4 weeks. |
| 5 | Severe – extremely significant | Fatality or multiple serious injuries or illness requiring hospital admission or significant time off work.  |